

For immediate release

25th Anniversary of Berlin Wall Opening Marked by Former Political Prisoner with Book Release

Former East German Political Prisoner turned Kung Fu Master wrote tell-all Motivational Story Book on the occasion of the 25th Anniversary of the Fall of the Berlin Wall, the end of the Cold War.

Vancouver, BRITISH COLUMBIA, OCT 24, 2014

Twenty-five years ago on November 9th 1989 the Berlin Wall opened and to mark this anniversary, former political prisoner and German-born Author, Ralph Haenel releases his fascinating true life story of his journey through the Cold War, Imprisonment by the East German Secret Service, surviving attempted Murder and encountering mysterious Doppelgängers.

"Outside of the movies, how many people do we know that get seduced and poisoned by Secret Service agents to get us to divulge information?" asked reviewer, Joy Katkic. "The stories contained within are fascinating and riveting, especially the KGB Romeo and Juliet encounters where he was betrayed, that happened not only once, but twice!"

Discover how success happens outside the comfort zone by reading the gripping stories of a German-born Kung-Fu master about unimaginable hardships and emotional tales such as:

- His Ultimate Betrayal and White Torture,
- The Deadly Berlin Wall
- A King, The World's Most Famous Border Point and A Cold War Mystery,
- One Woman's Hard Journey back to a Happy Life,
- Romeo and Juliet, Secret Service Version
- A Grown Man Who Cried Over a Flower.

"These are stories that exemplify the courage and resilience of a highly skilled teacher and martial artist in the face of what was the grim reality of the former DDR," notes reviewer Ada Tuck. "In 'Dropping His Pants' he also shows us what real self-confidence means; it is about the ability to rise above difficulties with dignity and insight, while still maintaining a sense of humor. I get the strong sense there are still many stories yet to tell."

The Cold War theme of the book follows in the footsteps of Ralph Haenel's work as an actor. Recently he was cast in the role of a Cold War relic, a former East German secret service general in the Canadian production of "Quantum Shock", a Sci-Fi Action Kung Fu movie.

Packed with examples of what it means to chase your dreams despite innumerable hardships and setbacks, Haenel's book "Drop your Pants!" takes the reader on an amazing journey.

For more information, please contact:

Ralph Haenel

Tel: 778-837-5148

Email: info@dropyourpantsbook.com - Order your review copy now.

1-minute Book Trailer: <http://booktrailer.ralphhaenel.com>

Website for the book: www.dropyourpantsBOOK.com

#